



Monteverde Activity Catalog 2020/2021

Mil Besos- Costa Rica

This document will help you to plan out your activities while in Costa Rica! Costa Rica has a ton to offer from surfing and white water rafting to hiking and bird watching. Please feel free to contact the team at Mil Besos at info@milbesoscostarica.com or 1-877-888-9151 .



Monteverde Activity Catalog 2020/2021

Tour Name	Zone 1 Rate	Kids Rate	Includes
Canopy Zipline Tour (Add Superman for an additional \$10 per person)	55	38	E/T/G
Guided Hanging Bridges Tour *	55	38	E/T/G
Butterfly Garden Tour *	26	26	E/T/G
Sloth Sanctuary *	35	25	E/T/G
Hummingbird Garden Tour *	15	15	E/T/G
Insect Exhibition *	26	26	E/T/G
Reptiles, Frogs & Serpents at the Herpetarium *	26	26	E/T/G
Canopy Zipline & Hanging Bridges Combo #1	105	70	E/T/G
Canopy Zipline + Hanging Bridges with guide + Butterfly Garden #2	120	88	E/TG
Zip Line Canopy Tour + Hanging Bridges + Butterfly Garden + Humming Bird + Lunch #3	128	94	E/T/G/L
Hanging Bridges + Butterfly Garden + Humming Bird #5	73	60	E/T/G
Canopy Zipline + Butterfly Gaden + Humming Bird # 7	89	70	E/TG
Hanging Bridges + Butterfly Garden + Humming Bird + Sloth Sanctuary #6	107	86	E/TG
Hanging Bridges + Butterfly Garden + Humming Bird With Lunch	96	79	E/T/G/L
Canopy Zipline + Hanging Bridges + Sloth S. + Butterfly + Humming Bird +Reptiles + Lunch	185	150	E/T/G/L
Orginal Canopy Tour	50	45	E/T/G
Sky Tram & Sky Trek	84	58	E/T/G
Sky Tram+Trek+ Vertigo Drop +Walk+ Lunch	134	102	E/T/G
Sky Walk	41	28	E/T/G
Sky Tram Up & Down	48	33	E/T/G
Sky Tram & Walk	70	48	E/T/G
ATV Tour (Single \$68 & Double \$96) Aventura	68	68	E/T/G
Hanging Bridges Tour Aventura	40	35	E/T/G
Mountain And Farm View Horseback Ride Tour	49	49	E/T/G
Horseback ride In The Cloud Forest	69	69	E/T/G
All Day Horseback Cowboy Ride	89	89	E/T/G/L
Coffee Tour 3 In 1 + Chocolate Tour + Surgar Cane Demonstration	40	20	E/T/G
Night Coffee Tour	40	20	E/T/G

*******All above pricing is subject to 13% sales tax*******

Notes / Notas:
Mínimo Operación 2 pax / 2 Pax needed to operate unless specified above.
All Tours includes: Transportation, Professional Certified Bilingual Guide, Entrance Fees, Equipment and Insurance
E: EntranceFee/Entrada. B: Breakfast/Desayuno. L: Lunch/Almuerzo. D: Dinner/Cena. P: Drinks/Bebidas.
S: Snacks/Bocadillos T: Transport
*Transportation Prices can vary depending on hotel location on all tours
Rates may change in case of a major cause / Tarifas sujetas a cambios debido a una situación de fuerza mayor
Rafting: Children must be 12 yrs or older



TOUR DESCRIPTIONS

Canopy Zipline Adventure

Our Canopy Tour guides start by harnessing you with all the appropriate equipment after which they will lecture you on all the safety procedures to enjoy this amazing adventure with our "Safety First" motto. You will then be flying through 12 cables and 18 platforms with an optional Tarzan Swing at the end of the adventure. Selvatura Park is one of the longest Canopy Tours in Costa Rica. Also it is the only canopy tour located inside the Monteverde Cloud Forest. If you are looking for an extreme Monteverde canopy tour and amazing rides, Selvatura Park's Zip Lines are your best choice. The tour usually takes between 2.5 and 3 hours and can be done by adventurers from ages 4 and older. It is a safe adventure for everyone although restrictions may apply. **(Add the Superman Zipline if you dare for an additional \$10 per person)**

Included: Bilingual naturalist guide, transportation

What to bring: Quick Dry Light comfortable clothing, rain coat, tennis shoes, camera, sunscreen lotion and insect repellent.

Selvatura Hanging Bridges

The Hanging Bridges Guided Hike offers an amazing glimpse into the canopy of the cloud forest! The hike includes 3 kilometers of terrestrial trails and 8 bridges through the tree tops allowing you to view the forest from all perspectives. This fun filled half day tour includes guides, transportation, and entrance to the private reserve.

Included: Bilingual naturalist guide, transportation

What to bring: Quick Dry Light comfortable clothing, rain coat, tennis shoes, camera, sunscreen lotion and insect repellent.

Butterfly Garden Tour

Enjoy a guided walk inside one of the world's largest live butterfly exhibitions with an area of over 29,000 square feet (2,700 square meters). Come and enjoy all the wonders that you may discover in this marvelous World of Butterflies.

Included: Bilingual naturalist guide, transportation

What to bring: Quick Dry Light comfortable clothing, rain coat, tennis shoes, camera, sunscreen lotion and insect repellent.



Humming Bird Garden

Imagine yourself in a beautiful garden. Now imagine over 100 beautiful hummingbirds flying cheerfully around you! That is what the incredible Hummingbird Garden has to offer you. More than 14 species of hummingbirds will amaze you with their incredible aerial maneuvers and bright lively colors.

Included: Bilingual naturalist guide, transportation

What to bring: Quick Dry Light comfortable clothing, rain coat, tennis shoes, camera, sunscreen lotion and insect repellent.

Insect Exhibition

Learn from Dr. Whitten on a special video called "Jewels of the Rain Forest" which is projected in our cinematic auditorium throughout the tour. This video features insects from all over Costa Rica, most of which can be found at Selvatura Park. Come and be part of one of the world's most beautiful bio-artistic shows at our World Class exhibition "Jewels of the Rain Forest".

Included: Bilingual naturalist guide, transportation

What to bring: Quick Dry Light comfortable clothing, rain coat, tennis shoes, camera, sunscreen lotion and insect repellent.

Reptile, Frogs and Serpents at the Herpetarium

In our Reptile and Amphibian Exhibition you will find frogs, lizards, geckos and snakes, more than 30 species! In this guided tour, you will be able to observe live reptiles and amphibians inside terrariums with specialized climate control which provides these wonderful creatures a home-like habitat.

Included: Bilingual naturalist guide, transportation

What to bring: Quick Dry Light comfortable clothing, rain coat, tennis shoes, camera, sunscreen lotion and insect repellent.



Canopy Zipline & Hanging Bridges Combo (extreme adventure)

This Combo is an awesome way to explore the cloud forest! The day starts off with a Canopy Zipline adventure, which is a MUST DO for anybody adventurous that visits Costa Rica! This thrilling high speed, high flying course offers 15 zips as you soar through the air from platform to platform via wheel and harness for a bird's eye view of the rainforest. To top it all off, you can also do a Tarzan swing! The Hanging Bridges offer an amazing glimpse into the canopy of the cloud forest! The hike includes 3 kilometers of terrestrial trails and 8 bridges through the tree tops allowing you to view the forest from all perspectives. This fun filled full day tour includes guides, transportation, and entrance to the private reserve.

Included: Bilingual naturalist guide, transportation

What to bring: Quick Dry Light comfortable clothing, rain coat, tennis shoes, camera, sunscreen lotion and insect repellent.

Hanging Bridges + Butterfly Garden + Insect Museum+ Herpetarium + Lunch

Here visitors will walk on eight different bridges with various lengths ranging between 150 feet (50 meters) up to 510 feet (170 meters) and altitudes ranging between 36 feet (12 meters) up to 180 feet (60 meters). Enjoy a guided walk inside one of the world's largest live butterfly exhibitions with an area of over 29,000 square feet (2,700 square meters). Come and enjoy all the wonders that you may discover in this marvelous World of Butterflies. Enjoy the world's third largest private insect collection. In our Reptile and Amphibian Exhibition you will find frogs, lizards, geckos and snakes, more than 30 species! In this guided tour, you will be able to observe live reptiles and amphibians inside terrariums with specialized climate control which provides these wonderful creatures a home-like habitat.

Included: Bilingual naturalist guide, transportation & Lunch

What to bring: Quick Dry Light comfortable clothing, rain coat, tennis shoes, camera, sunscreen lotion and insect repellent.

Zip Line Canopy Tour + Hanging Bridges + Butterfly Garden + Humming Bird + Lunch

You will then be flying through 15 cables and 18 platforms with an optional Tarzan Swing at the end of the adventure. Selvatura Park is one of the longest Canopy Tours in Costa Rica. Also it is the only canopy tour located inside the Monteverde Cloud Forest. Here visitors will walk on eight different bridges with various lengths ranging between 150 feet (50 meters) up to 510 feet (170 meters) and altitudes ranging between 36 feet (12 meters) up to 180 feet (60 meters). Enjoy a guided walk inside one of the world's largest live butterfly exhibitions with an area of over 29,000 square feet (2,700 square meters). Come and enjoy all the wonders that you may discover in this marvelous World of Butterflies. 14 species of hummingbirds will amaze you with their incredible aerial maneuvers and bright lively colors.

Included: Bilingual naturalist guide, transportation & Lunch

What to bring: Quick Dry Light comfortable clothing, rain coat, tennis shoes, camera, sunscreen lotion and insect repellent.



Eco Adventura Combo - Hanging Bridges + Butterfly Garden + Humming Bird Garden + Lunch

Today you will experience some of the world's most amazing Hanging Bridges, Butterfly Garden, 29,000 square feet of gardens exclusive for over 20 species of butterflies, Hummingbird Garden, stand amidst more than 20 species of hummingbirds! A true spectacle and awe-inspiring sensation!

Included: Bilingual naturalist guide, transportation & Lunch

What to bring: Quick Dry Light comfortable clothing, rain coat, tennis shoes, camera, sunscreen lotion and insect repellent.

Sky Tram & Trek

The Sky Tram and Trek Canopy Zipline is an awesome adventure! The fun starts off by taking a gondola style cable car some 1600 meters up through the cloud forest canopy near the Continental Divide. You then go through a brief safety course and you are on your way zipping from platform to platform down 9 cables as you make your way to the bottom of the hill. The longest cable is 770 meters and highest is 130 meters off the ground! This fun filled half day tour includes transportation and guide.

Included: Bilingual naturalist guide, transportation

What to bring: Quick Dry Light comfortable clothing, rain coat, tennis shoes, camera, sunscreen lotion and insect repellent.

Sky Tram, Trek, and Walk

Today you will go on a great combination tour including zipling and walking through the canopy of the cloud forest! This adventure starts off by taking a gondola style cable car some 1600 meters up through the cloud forest canopy to a hilltop near the Continental Divide. You then go through a safety course and you are on your way zipping down 9 cables with platforms in between towards the bottom of the hill. The longest cable is 770 meters and highest is 130 meters off the ground. If all of that was not enough, you will then go on a moderate level guided hike over trails and bridges that will give you a birds eye view of the cloud forest canopy. This 5 hour tour includes transportation and guide.

Included: Bilingual naturalist guide, transportation

What to bring: Quick Dry Light comfortable clothing, rain coat, tennis shoes, camera, sunscreen lotion and insect repellent.



Sky Walk Guided Hike

Sky Walk uses trails and a series of suspension bridges for a more relaxing introduction of the flora and fauna of the forest canopy. It allows a vision of the forest from a different perspective which starts with a hike on the ground and then taking you to explore the treetops, a hardly discovered habitat called the “canopy” with a naturalist guide. In Costa Rica, Sky Adventures was the pioneer in building hanging bridges, with the introduction of Sky Walk, to admire the forest from unique viewpoints. Sky Walk’s bridges span across canyons and bring visitors face to face with the upper level of the forest canopy.

Included: Bilingual naturalist guide, transportation

What to bring: Quick Dry Light comfortable clothing, rain coat, tennis shoes, camera, sunscreen lotion and insect repellent.

Sky Tram up & down

The Sky Tram gondolas rise smoothly through the rain forest, offering up endless views during their mountainous ascent. This tour is perfect for people who want to take a different approach on admiring nature, without much physical effort but still be on spot where nature exhibits all its magic. On tour you will be attended by a bilingual guide who will point out different characteristics of the flora and fauna and other interesting facts. The Sky Tram travel up the mountains to arrive in a wide observation platform on the highest point of the reserve, where you can enjoy the view and also have the possibility to walk a short trail.

Included: Bilingual naturalist guide, transportation

What to bring: Quick Dry Light comfortable clothing, rain coat, tennis shoes, camera, sunscreen lotion and insect repellent.

The Original Canopy Tour

The Original Canopy Zipline tour is an awesome adventure! This high speed, high flying course offers 6 zips as you soar through the air from platform to platform via wheel and harness for a bird’s eye view of the cloud forest. To top it all off you will also do a 25 meter rappel! This fun filled half day adventure includes transportation and guide.

Included: Bilingual naturalist guide, transportation

What to bring: Quick Dry Light comfortable clothing, rain coat, tennis shoes, camera, sunscreen lotion and insect repellent.



ATV Tour

The Monteverde ATV off-road adventure tour is simply awesome! Costa Rica is known for providing great ATV routes. On this tour we will speed through the back roads, trails and farms of Monteverde on four wheelers. This thrilling adventure includes trail entrances, transportation, guide and gear.

Included: Bilingual naturalist guide, transportation

What to bring: Valid Drivers Lic, Quick Dry Light comfortable clothing, rain coat, tennis shoes, camera, sunscreen lotion and insect repellent.

Hanging Bridges Aventura Tour

The Hanging Bridges offer an amazing glimpse into the canopy of the cloud forest! The hike includes both terrestrial trails and hanging bridges through the tree tops, allowing you to view the forest from all perspectives. This fun filled half day tour includes transportation, and entrance to the private reserve.

Included: Bilingual naturalist guide, transportation

What to bring: Quick Dry Light comfortable clothing, rain coat, tennis shoes, camera, sunscreen lotion and insect repellent.

Mountain and Farm View Costa Rica Horseback Ride

This two and a half hour ride through the scenic countryside near Monteverde Costa Rica is a perfect getaway from a hectic tour schedule and offers seldom seen glimpses of rural Tico life. Guests are frequently able to spot wildlife and the pace is leisurely enough that it's an excellent ride for children. A relaxed horseback ride, this trip is perfect for beginners or more experienced riders looking for a shorter trip they can do in the morning or afternoon. Your guide will take you along quiet back roads, past banana, sugar and coffee plantations while sharing information about the local area and its customs. The ride skirts along some cloud forest and it's not uncommon to see Toucans or even sloths. There's even a scenic viewpoint where you can sometimes catch glimpses of the Gulf of Nicoya. This ride can also be done as a sunset ride.

Suitable for: Riders of all experience levels ages 6 and up. Children's helmets and saddles are available and children ride their own horses.

Tour time: The ride is 2.5 hours and does not include travel time to and from Monteverde.

Included: Bilingual naturalist guide, transportation

What to bring: Quick Dry Light comfortable clothing (Long Pants), rain coat, tennis shoes, camera, sunscreen lotion and insect repellent.



Horseback Ride In The Clouds

Panoramic views of spectacular ranch land, coffee fields, cloud forest and in the distance the shimmering Gulf of Nicoya are highlights of the Horse Trek Monteverde 4 hour ride in the clouds. This half day horseback ride tour takes you through scenic landscape and up to the continental divide where the scenery will leave you breathless. Marvin Anchia and his team of well trained horses will take you along back roads and trails to the continental divide. At four hours the trip lets riders venture further into the scenery around Monteverde and catch glimpses of how the people who call this beautiful area home really work and live. You'll see a mix of agricultural lands from cattle ranching to cash crops and Marvin will share his knowledge of the area and its traditions with you as you ride. Photo stops tend to be frequent as almost every bend in the road opens up new vistas and wildlife can often be spotted along the route.

Suitable For: Riders of 12 and up. With 4 hours of riding time, the ride is not for the true novice, but those with some riding experience will find it manageable.

Tour Time: 4 hours either morning or afternoon.

Includes: Safety gear, round trip transportation from your hotel and rain ponchos if necessary.

What to bring: Quick Dry Light comfortable clothing (Long Pants), rain coat, tennis shoes, camera, sunscreen lotion and insect repellent.

Costa Rica All Day Cowboy Ride

A full day of horseback riding through Monteverde, Costa Rica along a forest banked river and a stop at a local watering hole for a well-deserved drink! Your horse trek adventure begins in the morning when you'll be invited to help tack-up your horse in preparation for the day (optional). Once mounted up your guide will ride with you along picturesque back roads through Monteverde's agricultural heartland where commerce and tradition mingle. As you ride keep your eyes peeled for sloths and toucans and enjoy learning about the rich cultural heritage of the area and learning about the coffee, banana and sugar crops grown in the area. After a span of time you'll reach a babbling river that winds through forest. There you'll swap roads for trails and wind your way along the river while monkeys chatter at you from the trees. Two and a half hours of riding will bring you to a secluded clearing on the banks of the river where you can rest your horse under the trees, enjoy a picnic and, if you like, a refreshing swim in cool, clear waters. The forest pulses with life and you'll marvel at the amazing biodiversity of the area and the unique tropical plant life of this region famous for its cloud forests. Along the route back to the ranch, your guide will make time to stop at a local bar for a quick beer or a soft drink while you soak in the atmosphere. A final ride back to the ranch rounds out this full day adventure of horseback riding in Costa Rica.

Suitable for: Riders with moderate experience. The day includes approximately 5 hours in the saddle so a reasonable degree of fitness and comfort are required.

Tour Time: Full Day

Includes: Round trip transportation to and from your hotel, 5+ hours riding, gourmet picnic lunch and river swim. As with all our tours, helmets are included and rain ponchos are available.

What to bring: Quick Dry Light comfortable clothing (Long Pants), rain coat, tennis shoes, camera, sunscreen lotion and insect repellent.



Coffee Tour 3 in 1

A bilingual guide will lead you through the famous coffee farm, showing the process from plant to cup. This is an opportunity to immerse in a Costa Rican tradition. You will also be able to purchase coffee direct from the Don Juan plantation. We have now incorporated a chocolate tour with our coffee tour to introduce a new and exciting feature and what could be better than the perfect combination between/ of chocolate and coffee; while also contributing towards reviving Costa Rican tradition and culture. On the tour you will be completely immersed for 30 minutes within the world of chocolate enjoying its delicious aromas and learning about its history. You will participate in the chocolate making process and have the opportunity to taste the fruit of the cacao and observe how the small cocoa beans are magically converted into a rich tasting chocolate drink. You will get an insight into the traditional methods that our ancestors used to roast the beans, separate the husks and grind the beans. At the end of the tour you can enjoy the taste of the chocolate you've made in a variety of forms; liquid chocolate, plain chocolate, spiced chocolate and of course, coffee chocolate. Last but not least you get to enjoy a sugar cane demonstration. Here you will learn about the historical reason why many farmers had sugarcane mills on their farms. Together you will extract the sugarcane the traditional way and then enjoy a glass of pure sugarcane juice as well as a few pieces of the cane itself. This 3 hour tour includes transportation, snack, and coffee sample.

Included: Bilingual naturalist guide, transportation

What to bring: Quick Dry Light comfortable clothing, rain coat, tennis shoes, camera, sunscreen lotion and insect repellent.

Night Coffee Tour

Don Juan Night Coffee Tour is a new and UNIQUE addition to our services, which marks distinctions, combining the tradition of coffee with Monteverde's nocturnal activity. You will develop an understanding of the culture and tradition of coffee while immersed within a natural environment full of fun and adventure. The tour begins at 6pm right around the time many nocturnal animals are becoming active. The tour takes place on the Don Juan farm by the side of a river which is home to many species of frogs and toads, their vibrant colors and night calls arousing your senses. You will also get the chance to see a variety of nocturnal mammals and birds on the move. On the other hand you might also spot those that are sleeping peacefully, perched on a branch in the treetops. As well as the amazing nocturnal wildlife you will also get the chance to observe how those tiny coffee seeds are transformed in to one delicious cup of coffee. At the end of the tour you will get to enjoy a cup of coffee while absorbed in the pure beauty of Monteverde

Schedule: 6 pm - 8 pm.

Duration: 2 hours.

Included: Bilingual naturalist guide, transportation

What to bring: Quick Dry Light comfortable clothing, rain coat, tennis shoes, camera, sunscreen lotion and insect repellent.